Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 03 Jul 2022 until 23:59 on Monday 04 Jul 2022

Forecast Issued on Sunday 03 Jul 2022 at 02:29 by Met Office Aberdeen

Confidence: High for a windy few days over higher ridges/summits and feeling cold. Also high for further showers, but not as heavy as past few days.

Headline for Sunday 03 Jul 2022: Rather cloudy with still some showers. Strengthening winds on the tops.

Mountain weather hazards on Sunday 03 Jul 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Heavy rain showers	Heavy rain showers	Light rain showers	Heavy Rain	Heavy Rain
Precipitation probability					
30%	30%	40%	30%	40%	40%

Forecast for Sunday 03 Jul 2022

Weather: It will be a rather cloudy day with some brighter interludes and still some showers. The showers will not be as heavy as past few days and passing by quickly.

Chance of cloud-free hill tops above 800m: 60%

Low cloud and visibility: Good visibility for much of the time with extensive cloud cover, bases about 700 to 800m. Interruptions to poorer visibility as showers pass by with clouds down to 600m.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Sunday 03 Jul 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	26/31 W	24/30 W	24/33 W	29/40 SW	29/40 SW	29/40 SW	26/36 W
900	24/29 W	23/29 W	24/33 W	28/39 SW	28/39 SW	28/38 SW	25/35 W
600	18/23 W	18/24 W	19/28 W	22/32 SW	21/31 SW	20/31 SW	18/28 SW
300	6/23 W	7/24 W	9/28 W	10/32 SW	9/30 SW	8/29 SW	8/26 W
Glen	10/18 W	10/19 W	13/24 W	15/29 SW	13/26 SW	13/27 SW	11/23 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/-1	5/-1	5/-0	5/-1	4/-2	4/-2	3/-3
900	6/0	6/0	6/1	6/0	5/-0	5/-1	4/-2
600	8/4	8/4	9/5	8/4	8/3	7/3	6/2
300	10/8	11/9	12/10	11/9	10/8	9/7	8/6
Glen	12/10	13/11	14/12	13/11	12/10	12/9	11/9
Freezing Level*	1800m	1700m	1700m	1800m	1800m	1700m	1600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note strengthening winds combined with single figure temperatures making it feel cold over higher ridges and summits.

Forecast for Monday 04 Jul 2022
Weather: Unseasonably cold and windy on higher ridges and tops. Also rather cloudy with further showers, most frequent over hills near to west coast. Fewer showers and brighter skies well inland over hills such as Ben Wyvis.

Maximum wind: Strong westerly winds, average speeds of 30mph over higher ridges/summits, gusts 40 to 50mph.

Chance of cloud-free hill tops above 800m: 60%

Low cloud and visibility: Mostly good visibility with fairly extensive cloud about 700 to 800m. Occasionally poorer visibility and lower cloud bases near showers.

Temperature: **Glens:** 9 Celsius rising to 17 Celsius.
At 800m: Plus 10 Celsius.
Freezing level: 1500m.

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